

# Capital Beltway League Weight Chart

## Pre Season

Age	6	7	8	9	10	11	12	13	14
Mighty Mite	92	92							
Cubs	84	84	84						
Ankle Biter		97	97	97	77				
Pony			107	107	107	87			
Midget				122	122	122	102		
Junior					137	137	137	119	
Intermediate						157	157	157	139
Senior						Unl	Unl	Unl	Unl

## Age is as of August 1st (Cubs through Seniors)

Year	Age DOB before Aug 1st	Age DOB after July 31st
2004	6	5
2003	7	6
2002	8	7
2001	9	8
2000	10	9
1999	11	10
1998	12	11
1997	13	12
1996	14	13
1995	15	14

## Age is as of December 31st (Mighty Mite)

Year	Age DOB as of Dec 31st
2004	6
2003	7

## Equipment Allowance

Division	Allowance
Mighty Mite	8 pounds
Cubs	8 pounds
Ankle biters	8 pounds
Pony	8 pounds
Midget	8 pounds
Junior	10 pounds
Intermediates	10 pounds
Seniors	Unlimited

Required Equipment	
knee pads	Athletic Cup
thigh pads	
hip pads	
butt pads	
cleats	
socks	
uniform	